Welcome to the next edition of the Sweet Medicine Newsletter, the 8th.

Please enjoy the offerings here and you can also let us know what you would like to know more about! We welcome the dialogue!

So for the 8th edition we follow Pattern. In the 0-9 Sacred law, Pattern is #8 and it follows Freedom. It is from Freedom we determine the Patterns that we have in our lives. Pattern is that which holds the internal structure of all living things intact, it ensures continuity. Pattern affects how our cells grow and divide. Pattern affects our eating and sleeping habits. We are constantly engaging with out Patterns. We could have any type of spread on our toast and we always choose Vegemite! This is a pattern.

Our lives and indeed our world are made up of patterns. The glories of nature and all its forms and shapes that repeat. It is the patterns of numbers that are the basis of all mathematics, patterns that are the basis of how we relate to one another.

Patterns in our lives protect us from Chaos. Chaos being #9 in the flow of this Sacred law, and hence we try to create them. We try to predict and manage our days, to know what lies ahead. Patterns allow us to know the underlying structure of things, a design template that provides a reusable outline.

In seeking and observing our own Patterns we can find options for things we might wish to change, things we might wish to adjust or things we wish to repeat.

Observe the effect that Patterns have in your day. They can be intriguing and a gateway to understanding the mechanisms of ourselves and the world in which we walk even a release from being a slave to them. Patterns are the grand design.

In beauty
Jenny
Lineage address - ABUNDANCE – OUR NATURAL STATE OF BEING

With Janneke Koole

The Lineage Address is given at the start of each Red Lodge session. The Addresses are open to the public and are generally held at Coorabell Hall, in the Byron Shire, northern NSW. Join our mailing list to know of the times and subjects for them.

The Address is usually on topics that are universal and are given to encourage our own investigation into aspects of our lives. Insights, lineage knowledge and practical tasks are given.

The talk on various aspects of the Twisted Hairs Path is delivered by the Lineage Advocate, a person who has earned the mantle, to speak.

This is a simple and enjoyable way to meet and engage with the Twisted Hairs Path of shamanic teachings.

To view the Lineage Address click here for the Sweet Medicine Australia website.
EAGLE DANCE - Come Dance Your Dreams Awake
AUGUST 30th – SEPTEMBER 1st 2013 STANTHORPE QLD

Eagle Dance is a one day ceremony in which the participants dance to the “Tree of Life” with the intent of manifesting through dance and prayer Health, Prosperity and Abundance for Self, Life and Others.

It is an annual ceremony where we dance our intent for the next year in all areas of life. To bring balance and beauty to our lives. To engage with ourselves and hear our own prayers. The prayers are carried to the As Above through the branches of the tree and return to us from Great Spirit through the tree, so as we dance we activate and strengthen our personal and sacred dreams. The drum beat and songs carry us through the dance with their heartbeat. It is a magickal empowering event and indeed a dance of renewal, every year!

We will gather as a community, prepare and build the Eagle Dance arbour thus creating the container that will hold the Eagle Dance ceremony. Then we dance. Next the celebration!

Ceremony leads you into another dimension, another state of consciousness. Doing ceremony is always an act of power that brings a gain in energy and a connection to all things in your life.

Everyone is welcome at Eagle Dance

COME DANCE YOUR DREAMS AWAKE
DRUM TEAM 2013

For more information contact
Jenny 0403338763
redlodge@sweetmedicine.com.au
SunDance 2013 Arizona USA

This was the 31st SunDance, the first since the Opening of the Gates on 21.12.12.

The first held since we entered the Human world. Around 200 people gathered from all over the world to build the arbour and create a magnificent sacred space. Then we danced!

This year three went from Australia. 3 = form and the Aussies were there, in good form and contributed in all the ways that one does when on the land.

Elke, Brad and Jenny travelled from Australia and were joined by Mukee – who is also one of us, an Aussie.

We danced our prayers awake and danced together for all the aspects of our planet and our human relationships with all the worlds we engage with. The dance was strong!

This is an event that is a unique community sharing with far-reaching and deepening effects. On next June 2014, plan to join us! Sow the seed of being part of this incredible matrix now.
RED LODGE Latest Update

Red Lodge is a Longhouse program that helps guide us into new ways of seeing our world and indeed seeing into our own evolution. There are 3 levels being offered in Australia this year. In 2014 we will be able to offer 4 levels! This will be a first for Australia. Each level is a yearlong program over 6 sessions of shamanic studies.

We are about to go into session 3 for Red Lodge 2013. Kristin and Razel will be our teachers this round, so we are in for a memorable journey. The sessions will be held at beautiful Ballina Beach Village in northern NSW.

We will be having a preview for Red Lodge with Kristin Viken on Wednesday August 28th. All are welcome. Bring your friends and consider joining us in 2014.

Red Lodge is the longhouse programs, the place where we can learn in a well-tried manner, build upon that which we already know and go into previously unexplored worlds within the world we think we know! Red Lodge provides a step-by-step approach into these teachings that have been passed down for many hundreds of years.

Kristin is an excellent teacher and speaker and gives the teachings with clarity and ease. It is a pleasure to hear her speak! Come hear about the Path and the possibilities that come from walking it.

RED LODGE PREVIEW EVENING

ALL ARE WELCOME, BRING YOUR FRIENDS

August Wednesday 28th 2013 - 7 – 8.30PM

COORABELL HALL, COOLAMON SCENIC DRIVE, COORABELL, In the Byron Shire
Contact: Jenny 0403338763, redlodge@sweetmedicine.com.au

Next newsletter we shall publish the dates for RED LODGE 2014 ALSO JOIN THE MAILING LIST www.sweetmedicine.com.au
Chuluaqui (shoe – la – kway): pure white light orgastic energy is the fuel for our internal world. No exceptions. Chuluaqui is prana, chi, ki, the life force and the source of all aliveness.

What is our internal ecology? It is the instrument of Chuluaqui — the body, the senses, the mind, the intellect, the emotions, the actions. This is the instrument gifted to each us by Great Spirit’s Grand Design. It is given to fully actualize each individual role of each cell of the body of Great Spirit.

Your internal ecology is composed of the elements of the cosmic nature. At the source everything is the same. Every form is configured differently from the same energy, Chuluaqui. Everything is from one nucleus and each creation is a matrix of energy.

Chuluaqui connects us all through the source of Oneness. Chuluaqui is a constant reminder via our internal ecology that we are not just a bunch of individuals living on this planet by coincidence.

How is your internal ecology? How are you accessing your infinite cosmic nature and resource circles? Are you gaining energy fueled by your passion each day? How do you approach your day? How do you utilize your orgasm to connect and experience the power of your internal ecology?

Fire is the element within, expressed through your lust and passion for what you care about. Fire awakened humanity’s consciousness millions of years ago. When man discovered fire, his awareness to a quantum leap.

When you stoke and feed your fire and express your passion in the world you are making a quantum leap. You are not here by accident. You are always fulfilling your role, your purpose, your destiny in every moment. How are you being right now?

Did you learn that orgasm is for your health? Is your comprehensive owner’s manual to sex missing? Were you celebrated during your transition through puberty?

It is never too late to get the best sex education.
* How is sex your precious life-force energy?
* Dispel old myths about sex and performance.
* Discover your unique gifts and power as a woman.
* Discover your unique gifts and power as a man.
* Find out how to gain energy every day.

Q is the missing education to bring new choices to your sexuality.
Quodoushka Spiritual Sexuality Preview
With Mukke Okan Chuluaqui Quodoushka facilitator

You are invited to a FREE educational and inspirational evening
**Monday 26th August, 7 - 9.30 pm**
with Q teacher Mukke Okan
Private residence in Byron Bay
RSVP: Yumi • 0421 428 520 • yumichan101@hotmail.com
Q graduates are always most welcome to attend with your guests.

Are you satisfied with your sex life?
Ready to learn through pleasure and knowledge?

**Quodoushka (kwa-dosh-kar) is all about:**
» Increasing your magnetic attraction.
» Letting go of old stories about sex and performance.
» Understanding and communicating your needs clearly.
» and how Orgasm is for your health and well-being.

Q Residential Retreats for singles and couples

**VICTORIA - 2013**
Q1: Oct 10th - 13th • Yarra Junction, 90 minutes from Melbourne with John Thunder Wolf and Mukke Breezes Love.
*Read more here* - [www.ozsacredsexuality.com/victoria/](http://www.ozsacredsexuality.com/victoria/)
Contact: Bhava 0417 357 587 bhavaroopa@hotmail.com
Contact Mukke 02 8006 1920 (Australia); 602 482 9691 (USA)
info@ozsacredsexuality.com

**NEW ZEALAND - 2013**
* Q1 Oct 24th - 27th • Ohui, residential retreat at Ashram Yoga, 90 minutes from Auckland, NZ. With John Thunder Wolf and Mukke Breezes Love.
*Read more here* - [www.ozsacredsexuality.com/new-zealand/](http://www.ozsacredsexuality.com/new-zealand/)
Contact Mukke 02 8006 1920 (Australia); 602 482 9691 (USA)
info@ozsacredsexuality.com

**BALLINA NSW - 2014**
Q1: March 20th - 23rd • Q2: March 27th - 30th
near Byron Bay with Mukke Breeses Love, Kristin Golden Ring Snake and John Spinning Coyote.
*Read more here* - [www.ozsacredsexuality.com/ballina/](http://www.ozsacredsexuality.com/ballina/)
Contact: Mukke 02 8006 1920 (Australia); 602 482 9691 (USA)
info@ozsacredsexuality.com
30 people assembled for our first community Talking Stick Gathering in Byron Shire. It was a gathering of drumming and song, setting of intent and of deeper learning around the symbology and use of a talking stick. Each person then was able to create his or her personal talking stick. It was an afternoon of learning, sharing and fun for all involved. All the wonderfully creative talking sticks are now in use across the region! Talking sticks help clear communication allowing everyone to be heard. Children love the idea; the stick is hung on a west wall low enough for children to reach it. When in need they can use it and ask that everyone listen to what they need to speak. We all have those times and here is the perfect tool. Thank you to Dianne Ryan for leading this event also thanks to Leigh and Mal for their assistance.

The Metis Medicine shop (www.metismedicineshop.com.au) carries the booklet on how to make a Talking Stick written by Janneke Koole.

**UPCOMING TALKING STICK GATHERINGS**

There are gatherings planned for Melbourne and Alice Springs. Come along and bring your friends and family, all are welcome.

**MELBOURNE**  
**TALKING STICK GATHERING**  
14th September from 2 till 5  
Contact: Bettina  
Bettina@pfaendners.com

**ALICE SPRINGS**  
**TALKING STICK GATHERING**  
Date: To be advised  
Contact: Neil  
subliminal_synergy@hotmail.com
Shamanic De-armoring

Shamanic De-armoring is an intense healing process that utilizes pleasure to transform the cellular imprinting of past pain tapes held within your body. It frees your life force energy and inspires greater health, hope and happiness. This modernized shamanic technique and ceremony restore your full presence and connection to your natural self.

What is Armor? As you journey from childhood through adulthood, painful experiences and traumas imprint not only on your psyches but also in the cells of your physical body. This cellular imprinting of pain causes trace minerals in the body to coalesce into metallic bands of “armor”. This “armoring” restricts and blocks the free flow of energy in your body, keeping you in patterned behaviors that produce dysfunction, illness and premature aging. You walk around inside a body that is bound by pain tapes of the past. Your true nature’s spirit, or soul essence, is trapped inside a prison!

We armor ourselves as a survival mechanism – it stops the pain. In so doing, we become numb and separated from our natural connection to ourself. We have moved far away from our original intent within the Grand Design. Your body was meant to be a temple for your spirit, not a prison for your soul! Benefits of De-armoring

Shamanic De-armoring has innumerable benefits and each person experiences these in slightly different ways. Participants who have completed the de-armoring process have reported the following:

- Increased sensitivity in the physical body, opening the way towards deeper intimacy.
- Deeper connection to Self and a stronger resonance with Spirit.
- More active and healthy commitment to your sexuality, awakening your natural sexual expression.
- Increased ability to deal with and integrate change.
- Stabilized orgone in the body that increases your metabolism and the energy available to maintain your vital health. You will have more overall energy.
- Awakened senses and conscious awareness of your life force energy moving throughout your body.
- Greater freedom in your body, allowing expression of your naturalness with ease and grace.

Shamanic De-armoring unleashes your inner nature and liberates your soul.

A 15-Day Intensive
Shamanic De-armoring consists of thirteen guided progressive sessions. Skillful coaching assists you to be fully present in your physical body during this process. In addition, specific teachings, exercises and ceremonies are offered to facilitate integration and awakening of your natural Self. Strong vibration, pressure points, breath and movement of your sexual energy through your whole body are used to break up and remove your body’s armor, pain and numbness. This experience unlocks the deep-seated truth.... your life force energy has the ability to transform and heal.

Workshop Details Dates: 11-25 August, 2013 Location: Mullumbimby, New South Wales Contact: Alison Rahn 0432 599 812 ShamanicDearmoring@gmail.com Go to www.shamanicdearmoring.com to find out more about the process.
Seven years ago Batty Thunderbear, Mukee and Sonia lead a group of international dreamers to Central Australia for an extraordinary Dream Shield experience. Seven years later it is now time for the next Dream Shield to manifest itself.

The Dream Shield acts as the magical basket that gathers and connects the illuminating pearls and visions you gain in ceremonies within the vortexes of powerful Maori genealogy. It becomes a roadmap for your intended development and actualization for a whole dream cycle of seven years.

Spirit will guide you during this 2014 Journey with Batty, Mukee and Mihirangi, into your future self and lead you to establishing your vision in this Fifth World of humanity.

Your life is the true mirror of your imagination. Who are you? What is your most daring vision for living your life to the fullest? How can you plant seeds to birth your dreams and express your total potential? What is your natural gift, your contribution to the next seven generations?

Our dream journey begins in Auckland with powhiri, a traditional ceremonial welcome at an ancestral “house” with Maori Elders. We travel through caves, beaches, volcanoes, traditional power spots and dream in ancestral maraes. Our very special stay is at Mihrangi’s ancestral marae, Maniaroa, for three nights with extended family members, across the road from the wild Tasman Sea. Simply stunning! Thanks to Mihrangi we will experience beyond the ordinary with Maori Elders sharing from the wealth of their heart teachings. This is an opportunity of a lifetime to awaken within the wisdom of the Maori and magical dreamscapes as we create our dream shields. We will be seeking our edges with ceremony and adventures to align with the raw forces of nature.

There is room for you. 15 seats only.

Contact Mukee for more information and to register with a $500 US deposit. mukeeo@me.com

SEE ITINERARY • www.spiritfireproductions.com/events/drmshield.htm
Welcome to the Metis Medicine Shop Australia.
We are now ONLINE!

www.metismedicineshop.com

Please be sure to take a look- you will find many of your Medicine requirements with more to come over time.

Enter Coupon Code DEERTRIBE when prompted at the checkout for a 10% discount.
For Ceremonial Week items enter Coupon Code EAGLE13 and the postage charge will be removed (these items will be available for collection at Stanthorpe and will not attract the 10% discount).

We look forward to providing a great service for the Australian Sweet Medicine Community!

In Beauty Jenny Cornish & Leigh O’Malley
RECONCILIATION
Reconciliation to my Globe
To my Lungs
To my Dear Ones
Respiring to Reconciliate
The damage that has been done
To the Air
To the Trees
To my Lungs
I am Planting a Passage
In the Soil of Ho’oponopono
(Restore it - Set it right)
In my Memory
In my Family
For the Generations to come
A Restoration of Freedom Groves
To Shade us in the Sun

- Hawk Speaks
“Nature uses only the longest threads to weave her patterns, so that each small piece of her fabric reveals the organization of the entire tapestry.”

- Richard P. Feynman